

Pre-Procedure Instructions

1-2 Days Before Your Procedure

- You will receive a phone call from our nursing staff verifying your procedure, date, medication review and time of arrival.

On The Day Of Your Procedure

- Bring the following items with you: **Insurance cards, Photo ID, copay.**
- Wear clean loose fitting clothing with elastic waistband if possible. Avoid any belts and buckles.
- An iodine-based product may be used to prep your skin for the procedure. Please note this may stain your skin and clothing.
- Remove any jewelry and leave all valuables at home.

If You Are Receiving Anesthesia

- Nothing to eat or drink 6 hours prior to your appointment time, unless otherwise instructed. NO gum, hard candy, or cough drops.
- If you are on medication for your heart, lungs, blood pressure, thyroid, seizure, pain medication or acid reflux, take those medications **ONLY** with a sip of water **at least two (2) hours before** your scheduled procedure.
- If you are diabetic, please follow your prescribing physician instructions regarding your diabetes regime while fasting.
- You MUST have a responsible driver** take you home. You will **NOT** be permitted to drive yourself or travel alone by Taxi, SCAT, bus or any other transport service. No driving until the following day.
- It is highly recommended that your family member/driver remain on premises** during your procedure and be available to speak with the Physician. You must provide a phone number where they can be reached. Surgical patients are generally ready for discharge 1.5 - 2 hours following their arrival time.
- You will not be permitted to do the following for the remainder of the day.
 - Be left alone
 - Drive a car
 - Return to school and/or work
 - Drink alcoholic beverages
 - Sign any legal documents
 - Operate any machinery or equipment

If You Are Not Receiving Anesthesia

- You **MAY** eat, drink, and take your medications as you normally would.
- You will need a driver due to the possibility of adverse side effects from the procedure. If you do not have a driver present, you may be asked to wait up to 1 hour post procedure prior to discharge.

Following Your Procedure

- Our nursing staff will review your discharge instructions with you. Due to the effects of sedative medications, you may not remember speaking with your nurse. A written copy of discharge instructions will be provided.
- You will receive a follow up call within a week to see how you are feeling.

If you have any questions regarding your procedure, please call the office at 330-208-2720.